

10 2009 RATES SHEET

2009 Rates Good through December 2010

ADVENTURE ACTIVITIES

WHITEWATER RAFTING:

<u>Section:</u>	<u>Class:</u>	<u>Type:</u>	<u>Min. Age:</u>	<u>Weekday Rate:</u>	<u>Saturday Rate:</u>
<i>Upper New River</i>	I – III	Duckies	12	\$57.00	\$67.00
<i>Upper New River</i>	I – III	14' Rafts	8	\$57.00	\$67.00
<i>Lower New River</i>	I – V	14' Rafts	13	\$67.00	\$77.00
<i>Lower New Express</i>	I – V	14' Rafts	13	\$50.00	\$57.00
<i>Lower Gauley River</i>	I – V	14' Rafts	14	\$ 79.00 (Mon./Fri.)	\$93.00
<i>Upper Gauley River</i>	III – V+	14' Rafts	16	\$ 99.00 (Mon./Fri.)	\$120.00
<i>Gauley Marathon</i>	I – V+	14' Rafts	16	\$175.00 (Mon./Fri.)	\$199.00

FREE
wetsuits
April &
October

Prices include equipment, transportation, and lunch during the trip. (No lunch on express trips.) Each guest must submit a Release and Assumption of Risk Form before going on an activity. Spring trips during the months of April and May usually run during high water times. Extremely high water levels may result in changing to a different river section. Wetsuits are recommended for spring and fall rafting trips.

Note: A limited number of wetsuits and splash jackets are available for rent – wetsuit: \$10 / splash jacket: \$3

ADDITIONAL ADVENTURES:

<u>Type:</u>	<u>Minimum Age:</u>	<u>Weekday Rate:</u>	<u>Saturday Rate:</u>
<i>Rappelling</i>	12	\$46.00	Call for availability...
<i>High Element Ropes Course</i>	12	\$30.00	Call for availability...
<i>Low Element Teambuilding</i>	8	\$16.00	Call for availability...
<i>Caving</i>	12	\$50.00	Call for availability...
<i>Paintball</i>	12	\$42.00	Call for availability...
<i>Hiking</i>	8	\$21.00	Call for availability...

Prices include equipment and lunch during the trip. Depending on availability, groups may need to provide transportation for trips. Each guest must submit a Release and Assumption of Risk Form before going on an activity.

ACCOMMODATIONS

ALPINE LODGE:

- TYPE:** Motel-styles rooms with 2 sets of bunks & 1 full bed, private bathroom facilities, air-conditioning, telephones, (no elevator). 2 handicap accessible rooms (2 full beds per room). **Bedding and towels are provided. Guests must bring their own towels for pool use.**
- CAPACITY:** Rooms accommodate up to 6 guests; handicap accessible rooms accommodate up to 4 guests
- RATE:** Single/Double occupancy - \$35.00 / \$18.00 for each additional guest per night
- MINIMUM:** 5 guests per room for retreat groups
- AVAILABILITY:** Open year round except for Thanksgiving weekend, and Christmas Eve through New Year's.

CABINS:

- TYPE:** Bunkhouse cabins. Each cabin has *two separate units* with bunk beds and restroom facilities, telephone, and electric heat. **Guests must bring bedding and towels.**
- CAPACITY:** *Each unit* accommodates 12 – 14 guests (Total of 8 units available)
- RATE:** \$10.00 per person per night
- MINIMUM:** 4 guests per unit
- AVAILABILITY:** Mid-August through May except for Thanksgiving weekend, and Christmas Eve through New Year's.

DORMITORIES:

- TYPE:** Separate dormitories: McCarrell Hall for Men / DesPlaines Hall for Women
Dorms have common bathrooms per floor / No air-conditioning or elevators
Guests must bring bedding and towels
- CAPACITY:** Most rooms accommodate 2 guests / some rooms may accommodate 3 - 4 guests
- RATE:** \$10.00 per person per night
- MINIMUM:** 2 guests
- AVAILABILITY:** June, July, and the first 2 weeks of August. Not available at any other time.

TENT CAMP:

- TYPE:** Platform tents in wooded area. Limited sites for personal tents. Campfire ring with wood. Restrooms / showers nearby. **Guests must bring bedding and towels**
- CAPACITY:** Each tent sleeps 6 - 8 persons. Total of 4 platform tents available.
- RATE:** \$4.00 per person per night
- MINIMUM:** 8 guests
- AVAILABILITY:** Late May - September. Not available at any other time.

ACTIVITY PACKAGES

<u>Type:</u>	<u>Accommodations:</u>	<u>\$ per person:</u>	<u>Package includes the following:</u>
<i>2 Days of Activities</i>	Alpine Lodge	\$182.00	3 nights of lodging and 7 meals*, 1 water activity plus 1 additional activity, use of a meeting room, and open gym (as available), Package must conclude by Sat. morning
	Cabin / Dorm	\$158.00	
	Tent Camp	\$140.00	
<i>3 Days of Activities</i>	Alpine Lodge	\$250.00	4 nights of lodging and 10 meals*, 1 water activity plus 2 additional activities, use of a meeting room, and open gym (as available), Package must conclude by Sat. morning
	Cabin / Dorm	\$218.00	
	Tent Camp	\$194.00	
<i>4 Days of Activities</i>	Alpine Lodge	\$340.00	5 nights of lodging and 13 meals*, 2 water activities plus 2 additional activities, use of a meeting room, and open gym (as available), Package must conclude by Sat. morning
	Cabin / Dorm	\$300.00	
	Tent Camp	\$270.00	
<i>5 Days of Activities</i>	Alpine Lodge	\$401.00	6 nights of lodging and 16 meals*, 2 water activities plus 3 additional activities, use of a meeting room, and open gym (as available), Package must conclude by Sat. morning
	Cabin / Dorm	\$353.00	
	Tent Camp	\$317.00	

* **Add a cookout to your package:** Only one menu choice is available each night – Hamburger / Hot Dog: \$1.45 per person; BBQ Chicken: \$4.45 per person; T-Bone Steak: \$8.45 per person.

Weekend Rafting Packages:

<i>Bus Stopper</i>	Alpine Lodge	\$ 97.00	Arrive on Friday and raft on Saturday. Includes one night lodging, one breakfast and rafting on Lower New River Available May – August.
	Cabin/Dorm	\$ 89.00	
	Tent Camp	\$ 83.00	
<i>Double Z^{zz}</i>	Alpine Lodge	\$118.00	Arrive on Friday and raft on Saturday. Includes two nights lodging, two breakfasts, and rafting on Lower New River Available May – August.
	Cabin/Dorm	\$102.00	
	Tent Camp	\$ 90.00	

Special Notice

All activities are based on availability. Large groups will be divided into smaller sub-groups. Because some activities have number restrictions for safety purposes, only small numbers may do a particular activity in one day. Gym times and swim times may be scheduled with other groups.

Adventure activities are participatory in nature and are physically demanding. Please consider this in respect to the physical condition of your group before making reservations. Please note that there are some weight restrictions regarding the wearing of some of our equipment. Please contact our office for additional clarification. Individuals with health concerns should consult with a physician about participating in adventure recreation activities. All guests are required to be present at all safety talks prior to adventure activities.

There are certain risks and dangers inherent to adventure recreation. Alpine Ministries does not assume responsibility for personal injuries or damage / loss to personal property. All participants must submit a completed Release and Assumption of Risk Form before doing any activities. Minors must have permission from a parent or court-approved legal guardian signed on our Release and Assumption of Risk Form. All release forms must be submitted at check-in.